

TRANSITION IN:

HANDBOOK FOR STUDENT MENTEES



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OVERVIEW

Welcome to BESC 1126 Foundations of Psychology. We look forward to having you be a part of the first year psychology program and hope that you find the semester rewarding. During this time you will be assigned a peer mentor to help you transition into study in our discipline.

Your peer mentor will attend eight tutorials this semester to work with you in small groups and help you negotiate the tasks in this course and adjust to university life. Their role is not to provide answers to assignments or proofread your drafts but to help you learn where and how such concerns can be addressed. Peer mentors are students enrolled in third year psychology and can therefore share their experiences in the course to give you 'insider tips' for making the most out of the semester.

We wish you the best of luck for the semester and hope that you enjoy the experience!

SESSION 1

Mentor

Group

Name:

Names:

Contact details:

Forward Planning

√	Item	Due Date

SESSION 2



SESSION 2

Forward Planning

√	Item	Due Date

SESSION 3

Have you stuck to your test preparation schedule so far?

Have you encountered any difficulties in your preparation? How might you resolve these?

Do you think any modifications are necessary to your plan?

Forward Planning

√	Item	Due Date

SESSION 4

On a scale of 1 ('not at all well') to 5 ('used extensively'), how well did you use the following resources to complete your assessment:

Assessment briefing sheet

Peer mentor

Assessment marking sheet

Tutor

Set reading

Foundations of Psychology Blackboard

Fellow students

Additional research sources (e.g. Google Scholar)

If you had questions about or problems completing the assignment, how did you resolve these?

What worked well for you in completing this assignment? Is there anything you would change?

From this experience, what are some suggestions for completing assignments effectively in the future?

SESSION 5



EFFECTIVE
GROUP WORK

SESSION 5

GROUP CONTRACT

A vertical line starts from the bottom of the 'GROUP CONTRACT' header and extends downwards. Six horizontal lines branch off to the right from this vertical line, each leading to an empty, rounded rectangular box. The boxes are arranged vertically and are intended for writing the terms of a group contract.

Forward Planning

√	Item	Due Date

SESSION 6

√	Item	Due Date

SESSION 7

Sample Feedback Response Checklist

- Make sure contention (key argument) is also stated in first paragraph
- Use more linking sentences between paragraphs to improve flow
- Make sure all claims are supported by evidence
- Avoid introducing new material in the conclusion paragraph

Feedback Response Checklist

SESSION 8

√	Item	Due Date

END OF SEMESTER CELEBRATIONS

Where to from now?

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